



St Francis of Assisi Parish



2020 – A YEAR PLAN FOR FAMILIES

- JANUARY** : **Joyful Month for Youth**
Parents arranging at least Five Activities for Youth and Children.
- FEBRUARY** : **Literacy Month**
Families to read good books, reflective articles for peace and religion and an activity of Reading for Others, example: the elderly and lonely.
- MARCH** : **Fasting Month**
Observing fasting activities, example: weekly fasting for a day, reducing food and drink, no television for a day, keeping silence for a day, one act of charity and spending time in prayer.
- APRIL** : **Resurrection and New Life Month**
Engage as a family at least three events of Happiness and Joy, example: visiting families and friends.
- MAY** : **Holy Spirit Month**
Pray to the Holy Spirit Novena for Nine (9) days as a family. Sing hymns to the Holy Spirit. Praising Psalms from the Bible.
- JUNE** : **Studious Month for Students in College and Universities**
Engage in an activity supporting a student in need in a family situation and at large.
- JULY** : **Winter Month**
Engage in acts of Warmth and Support by supporting words of encouragement and consolation.
- AUGUST** : **Month for Parents and Grandparents**
Individual meetings with children and grandchildren, attending to their individual needs, addressing their challenges and offering solutions.
- SEPTEMBER** : **Bible Month**
Reading of Bible stories and events. Praying specially the three Psalms 23,121, 150...Look into the Bible.
- OCTOBER** : **Simplicity Month for St Francis of Assisi**
Engage in at least four weekly activities of Charity to the Poor and those in need, example: visit a family or person in need or lonely.
- NOVEMBER** : **Month of Remembrance**
Remember the dead and dying, Souls in Purgatory. Engage in at least four acts of charity, example: mass offering, prayer and visiting their graves / niches.
- DECEMBER** : **Advent Preparation**
A family approach to Sacrament of Reconciliation. Joyful family celebration of the Lord Jesus. Happy dinner and drinks. Praising Mary and Jesus with joyful songs.